

The flu vaccine, including the nasal spray, reduces a child's risk of having flu and Strep A infections at the same time. As a result, it reduces their chance of developing harmful Invasive Strep A, as this is a greater risk to someone who is already unwell with flu.

We strongly recommend children who are eligible get a flu vaccine – it's the best way to protect them from serious illness.

The flu vaccine for children has an excellent safety record, this includes the nasal spray given to school-aged children and preschoolers, which has been given to millions of children in the UK and worldwide.