

Are you a parent of a child or young person who needs some health advice and support?

The School Nurse Drop-in Service is available for confidential appointments at Barkerend Centre, 365 Barkerend Rd, BD3 8QX for the following dates:

Wednesday 5th October, 9.30-11am

Wednesday 2nd November, 9.30-11am

Wednesday 7th December, 9.30-11am

We can support around the following:

- Healthy eating
- Healthy lifestyle
- Healthy relationships
- Nighttime bedwetting
- Feelings of sadness, worries or anger
- Changes to the body and growing up
- Sleep

.....and much more

If you cannot attend the drop-in, don't worry- you can also speak with a member of the team by calling 01274 221203 between 8.30-5pm, Monday to Friday.

